



Programme Report 2022

WindReach

celebrating all abilities

FROM THE EXECUTIVE DIRECTOR'S DESK

It was a year of 'Can Do' in 2022!



It is always an exciting exercise to revisit and reflect on the previous year of programming at WindReach. It's been another incredible year! I am filled with a deep sense of awe, gratitude and pride of what our Team has been able to accomplish and how, as an organisation, we have been able to thrive during continued challenging times.

Thanks to the outstanding support and encouragement from all sectors of the community, including our Board of Directors, Supporters, Donors, and Volunteers, our WindReach Team was able to continue to deliver our much-needed and critical therapeutic and educational programmes to our Participants.

During 2022, we continued to work stronger as an organisation, better able to ensure our sustainability for the long term. Of the many tangible actions taken in 2022 to support our commitment to our organisational perpetuity, is the continued development of our Strategic Plan 2023-2027. Working alongside community stakeholders, we are working to create a 4-year action plan that we can be proud of, and will support our continued growth and stability.

In April, we held our incredibly successful event, 'Tilly's Fillies Fundraiser'. We are so very grateful to the incredible artists that donated their time and talent to transform 20 wonderful Tilly Sculptures into magical pieces of art. We are equally appreciative to everyone that came to our event and who bid on (and won!) these gorgeous sculptures. All funds raised will continue to support our nonprofit ensuring that we have the resources necessary to continue our critical work in the community.

We hired a Community Engagement Coordinator to create the operational structures and resources necessary to reach a larger cross section of our community. This includes providing more opportunities for continued growth in all programme areas, as well as to assist in the development of a Supported Volunteerism Programme. This reflects our continued commitment to ensuring that people with disabilities and special needs have more access to the educational, therapeutic and recreational programmes that we offer at WindReach.

WindReach continues to be well-placed to deliver on our Mission and Vision, well into the future. Maintaining a community where everyone can thrive, where there are no barriers for individuals to reach their full potential and where there are opportunities to become healthy, confident and contributing members of our society is a lofty, but attainable goal. It's what we do each and every day!

It's been an incredible year and there is still so much to look forward to. In 2023, we will be celebrating 50 years of Therapeutic Riding in Bermuda! What an achievement!

I hope that you enjoy reading through our Programme Report for 2022, and become as excited as we are of our accomplishments, outcomes, and community impact.

WindReach has been working to support people of all abilities to live their best lives for over 20 years!

Thank you all for your continued support! We couldn't do what we do without it!

Tina Nash

PROGRAMME HIGHLIGHTS

The Adult Day Programme continued steady growth throughout 2022. We started the year with eleven participants per day and at the end of year we were engaging twenty five individuals per week. The Adult Day Programme provides solutions to multiple concerns shared by families in the community – the need for appropriate, engaging, quality day care and activities for their loved one. With a growing ageing community, the need to provide support in a caring, professional, safe environment that is enriched with meaningful activities is on the rise. Our programme provides all of the above with opportunities that focus on overall wellness through person-centered care. We support Bermuda's Long Term Care Action Plan by encouraging independence while, offering social interaction and diverse recreational and therapeutic activities.

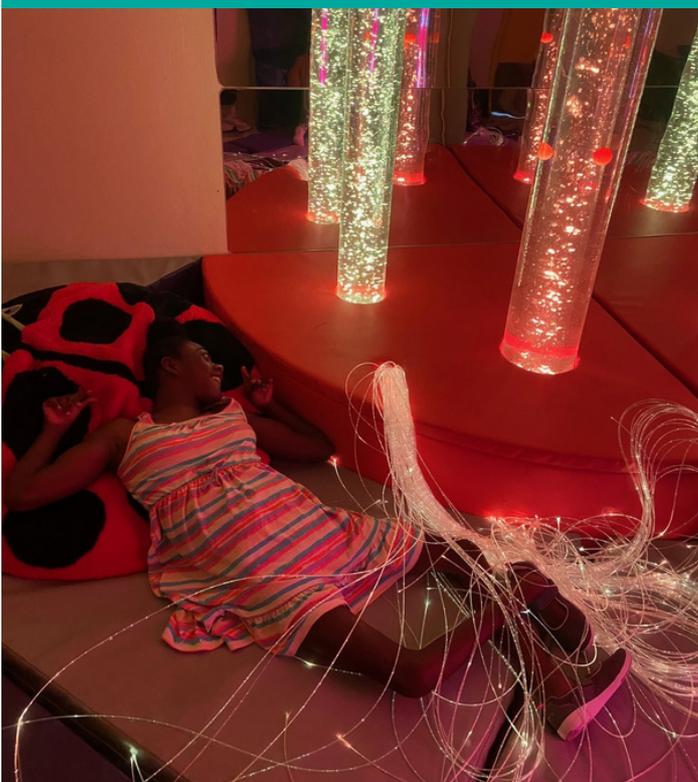
Adult Day Programme

Good days lead to good weeks, good months, and good years. WindReach offers affordable services to support ageing in place within our community. The presence of hope, happiness, social immersion & access to quality care. Programme is registered by the Bermuda Health Council.



Life Skills Programme

Our primary aim is to engage our participants in WindReach's vibrant community and assist them with functional life skills that will promote engagement in the larger community here on island.



The Life Skills Programme had a phenomenal year and had reached programme capacity by year end! With 80% of the participants being students, our mornings are filled with the familiar sounds of the students exiting the buses and shortly after, starting their half-hour sessions. The Sensory Room was highly utilised in programme sessions throughout the year, in addition to Animal-Assisted Therapy and gardening. The Sensory Room is beneficial as it helps to improve visual, auditory and tactile processing, as well as fine & gross motor skills. By providing a sense of calm & comfort, Sensory Rooms help to self-regulate behaviours, which ultimately improve focus. Ms. Rebecca Lawrence, Life Skill Coordinator also received her certification in Animal Assisted Therapy during the summer and has enjoyed using the body of knowledge within sessions.

Environmental Education Programme

This programme provides engagement and experiential learning activities to foster a respect for our local and global environment and sustainability of it.



The gardens continue to be an integral part of the Environmental Education Programme. We've expanded the gardens from the lower level of the Main Activity Centre and the ADP Cottage, to include the Life Skills raised bed gardens and now, spreading ourselves across the entire four-acre landscape! Our overarching aim is to nestle a Regenerative Edible Landscape inside of this four-acre natural wonderland so that we can truly participate in the natural cycles that govern our local environment.

We're making the garden experience accessible to all who visit WindReach and not just those enrolled in the garden-supported programmes. We've planted peaches, mulberries Surinam cherries and loquats in the playground for future "Fill your Basket" experiences, and have extended the main orchard up into the Sensory Trail with banana plants, guava trees, jackfruit and papayas leading up to the Animal Zone. The next phase which we have just begun includes grazing our Therapy Animals in the understory of these trails and fruit trees, to assist us, our participants, and volunteers in maintaining the gardens and landscape.

One of the major highlights of our Therapeutic Riding Programme in 2022 was that we welcomed three new ponies! The addition to the Therapeutic Riding herd allowed an increased programme capacity of 35%!

The programme is certified by The Canadian Therapeutic Riding Association (CanTRA). A well-trained therapy horse moves in a rhythmic, symmetrical and organized way. Each step the horse takes provides strong sensory and physical input in many dimensions including up and down; side to side; and back and forth. By asking for variations in these movements the instructor gains results that cannot be achieved by a machine or duplicated in a clinical setting.

Therapeutic Riding Programme

This programme offers individualized riding lessons to help with physical strength, balance and coordination as well as attention, concentration and self esteem of people living with special needs.



MEET OUR NEW PONIES



DASH

Show Name : Dashingly Different of Kitson

Born: 2009

Height: 14.1h

Breed: Norwegian Fjord

Dash was kindly donated to us by the Kitson Family. He came from a farm in Canada, where his best friend was a camel.

Mo

Show Name: Mosaic

Born: 2010

Height: 14.1h

Breed: Quarter Horse

Mo is short for Mosaic. His name reflects how he came to us at WindReach, from a collaboration of these donors:

Tina & Mark Nash - Peaks for Ponies, Eileen & Philip Thorne & Friends and family in loving memory of Phil Talbot.



PENNY

Show Name : Sompo's Lucky Penny

Born: 2012

Height: 14h

Breed: Quarter Horse

Penny was generously donated to us by Sompo International. Penny's show name is Sompo's Lucky Penny, which is very fitting since she is a copper color, just like a lucky penny.



NEW!

PROGRAMME DEVELOPMENT



In supporting our commitment to building the capacity and reach of the organisation in September, we were able to hire Ms. Brianna Roach as our Community Engagement Coordinator. With this new hire we have returned our staff make-up to pre-covid team numbers as our goal is to increase the visibility within the community along with increased corporate group's engagement in community service activities held on-site. Brianna enjoys her unique role in carrying out the mission of the organisation, to increase the quality of life for individuals with special needs and disabilities. With a professional background in Mental Health and Criminal Justice, she is passionate about advocacy especially for vulnerable and under-represented populations. Brianna holds a B.S. in Counselling Psychology with a minor in Correctional Science, and a Post Graduate Diploma in Events Management and Marketing.

Woodlands Adventures for Children

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GROUP TOURS

www.windreach.bm/programmes

Supportive Volunteering

STARTING JANUARY 12TH, 2023
THURSDAYS 9.30 - 1.30

FOR ADULTS WITH SPECIAL NEEDS & DISABILITIES
CHOOSE WHICH AREA YOU WOULD LIKE TO GAIN SKILLS AND EXPERIENCE WITH. YOU WILL ALSO GAIN EXPERIENCE WITH GENERIC VOLUNTEER TASKS ON THE WINDREACH SITE.

- ANIMAL CARE
- ADMINISTRATION
- JANITORIAL/HOSPITALITY
- HORTICULTURE

FREE

PLEASE CONTACT US FOR MORE INFO
RLAWRENCE@WINDREACH.BM
BROACH@WINDREACH.BM

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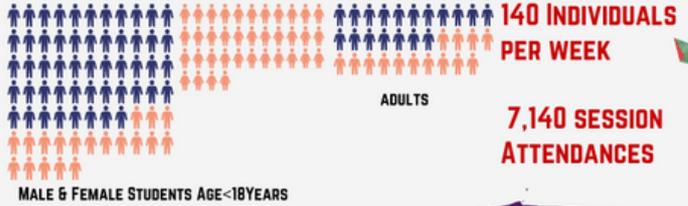
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2022 THE NUMBERS AT A GLANCE

PARTICIPANT TOTALS



100%



PARTICIPANT QUALITY OF LIFE SURVEY RESULTS

of the 96 respondents stated that their quality of life has been enriched by participating in WindReach Programmes

Quality of Life Survey Details

Questions were answered on a Likert scale of 1-5 with two versions; primary aged students and those with mild cognitive impairment used a smiley face Likert scale as reference. These have been used across a wide variety of survey's for children and show strong reliability.



Versions were also available for those with mild visual impairment and individuals living with dementia, to be completed by a proxy with close relationship, to and an interview for those who might need assistance to complete it or to use over the phone.

PROGRAMME NUMBERS BREAKDOWN

ADULT DAY PROGRAMME: 25 with average of 3 Days per week

ENVIRONMENTAL EDUCATION: 15 PARTICIPANTS & 772 Individuals benefited from Educational Tours.

LIFE SKILLS PROGRAMME: 45 per week

THERAPEUTIC RIDING: 55 per week

And all of this would be impossible without the support of our donors and the 75 Volunteers per week who provided more than 5,705 hours of service. This equates to a monetised value of \$142,625!

EVENTS & ACTIVITIES 2022

THANK YOU TO OUR EVENT DONORS, PARTICIPANTS, VOLUNTEERS AND ALL WHO SUPPORTED US IN ANY WAY!



Today is #GIVINGTUESDAY

1 imagine if...
PERSON GAVE \$25 A MONTH, WE COULD BUY ALL THE INGREDIENTS FOR LIFE SKILLS BAKING

10 PEOPLE GAVE \$35 THEY WOULD SUPPORT A PARTICIPANT TO BENEFIT FOR A TERM OF THERAPEUTIC RIDING

100 PEOPLE GAVE \$100 EVERY 6 MONTHS, WE WOULD MEET THE NEEDS OF ALL THERAPEUTIC ANIMALS IN THE ANIMAL ZONE

1000 PEOPLE GAVE \$5 EACH MONTH, OLDER ADULTS COULD BE ENJOYING WINDREACH'S ADULT DAY PROGRAMME FOR A WHOLE YEAR

SUCCESS!

THANKS TO OUR SPONSOR **ATHENE**

60 COMMUNITY MEMBERS RECEIVED A TOTAL OF 160 HOURS OF PROFESSIONAL DEVELOPMENT

Generally Sponsored by: **ATHENE**
International Day of Persons with Disabilities

REMOVING SOCIAL BARRIERS
#CommonGround2022
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NO LIMITS

What an amazing opportunity that the PGA and Butterfield Bermuda Championship have made available to local nonprofits! We have registered for the

BIRDIES FOR CHARITY
BUTTERFIELD BERMUDA CHAMPIONSHIP

It's as easy as:

1. Donate a gift of any amount
2. They match 10% of your donation
3. WindReach receives your donation plus 10%

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WindReach Christmas Wish List

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NOAH'S ARC

- Horse grain - Safe & Easy Complete
- Horse treats
- Rated Total Pre & Probiotics
- Horse Salt Blocks
- Absorbent Flax - Max Joint Supplement
- Wash-hoaks - larger size
- Starter fly relief by traps - giant size
- Fly spray/determer
- Horse dewormer
- Less tack cleaner & conditioner
- Absorbent Show Shown
- Carona lotion
- Farnam EquiLiber sheath cleaner
- Carona Conditioner
- Farmer's Excalibur tack sponges & body / bath sponges
- Dorset Therapeutic tack sponges & body / bath sponges
- Marshall Small Animal Play Pens x3
- Cast grain - 50 lb bag
- Marshall Small Animal Play Pens x3
- Cast grain - 50 lb bag
- Veterinarian Feed and Storage Container (x2)
- Veterinarian Feed and Storage Container (x2)
- Outdoor Sprinkler Bermuda Rabbit Treats
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- Outdoor Sprinkler Bermuda Rabbit Treats
- Outdoor Natural Science Multi Vitamin 150b

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3rd Annual ROLLING FOR WINDREACH

Thank You!

WE HAVE HIT OUR TARGET \$15,000

All funds raised will support our Educational & Therapeutic Programmes. Registered Charity #92

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WindReach Gift Card

GIFT CARDS CAN BE PURCHASED AT GORHAM'S CHECK OUT COUNTER IN SUPPORT OF WINDREACH'S CHRISTMAS WISH LIST

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'TIS THE SEASON OF GIVING

With every donation made at the check out counter at Baptiste limited, you will have the opportunity to win a:

Child's Wooden Rocking Horse
or
WindReach Children's Birthday Party

Draw will be held December 23, 2022 winners will be notified the same day. Just in time to put your winnings under the tree!

WIN

Terms & conditions apply when booking the WindReach Birthday Party. Details will be enclosed in the winning gift certificate.

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JULY 6

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Adult Day Programme

OPEN HOUSE

Call 238-2469 or email cwade@windreach.bm to reserve your spot today

TOUR TIMES: 10:15 / 11:15 / 12:15 / 1:15

Come and take a tour of our facility while learning more about how Day Programming can help you and your loved one.

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THANK YOU BERMUDA
FOR HELPING US TO RAISE

\$250,000



Volunteers & Treats Needed

Are you interested in decorating your trunk & passing out treats? Would you like to donate a bag of candy or sensory items for our WindReach Participants?

WINDREACH TRUNK OR TREAT

When: October 29, 2022 | 3:30pm - 6:30pm
Where: WindReach Upper Parking Lot
Sign Up Deadline: October 14, 2022

CONTACT OUR COMMUNITY ENGAGEMENT COORDINATOR, BRIANNA AT: brough@windreach.bm FOR ADDITIONAL DETAILS.

Please join us for

COOKIES & CAROLS

A Seniors only event

Come and enjoy an afternoon of live music and holiday desserts.

WindReach Upper Activity Center
2:00 - 3:30PM | Dec 15, 2022

Please call 238-2469 ext. 6 or email brough@windreach.bm to register for this event.

Deadline to RSVP by: December 1st.

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DONOR SPOTLIGHT

2022

